



Power of Fire and Sound

Homa Therapy fills the atmosphere with clarity, peace and love . Combined with sound healing - crystal bowls, devotional singing & drumming, it's heaven on earth!

Lee Ringma and Vanessa Jean Boscarello jointly organized a day event to give people an experience of how Homa magnifies the healing impact of sound therapies and also to provide a practical day of Homa instruction for those who had taken up Agnihotra in the preceding week of workshops in WA.

Vanessa is a well loved healer living in the hills near Perth, Western Australia. Sound healing through crystal bowls is one of the various modalities she works with. After a rapturous day at Vanessa's property on a New Moon in September involving Crystal bowl sound bath, kirtan and Homa , Vanessa shared feedback from participants many of whom are her clients.



Agnihotra has changed our lives and transformed the very land. I have watched clients transform before my eyes, relinquishing years of old pains and traumas

The group Agnihotra fire at sunset after a day of Om Tryambakam Homa was so powerful and so moving. We had just finished a dynamic Kirtan and then came into stillness and peace with this magical Agnihotra. A science it may be... though nothing prepares one for the heart opening impact and deep healing that is Homa Therapy and in particular Agnihotra. Our home is still imbued in peace and tranquility. Nature is clearly responding..... Agnihotra has changed our lives and transformed the very land. Clients have been contacting me thanking me for having Lee in Perth. They are eager to continue Agnihotra in their everyday lives and have already begun. This feels to me a magnificent preparation for what is to come. I have watched clients transform before my eyes, relinquishing years old pains and traumas. These ancient teachings are impacting us all.



I watched heaviness and darkness lift from a client with Tryambakam Homa

.....Through Homa Therapy and the blessing that is Agnihotra I am witnessing the transformation of lives around me. My neighbor has taken it up with joy. My clients are relieved of heaviness and seemingly ancient pains! In all honesty Homa fires combined with sacred sound journeys are life changing ! I watched heaviness and darkness lift from a client as Lee performed Tryambakam Homa The client left lighter, brighter and at peace for the first time in a long time. We combined the Homa with the crystal singing bowls and sacred toning plus laying on the body intuitively - Lingams, Miracle Sand and Shree Yantras -and transformation took place before my eyes. My client returned the next day for our full day of sacred sound and sacred fire. She has since reported how well she is sleeping and how unburdened she feels in her body and heart.



Vanessa playing the crystal bowls and Lee performing Om Tryambakam Homa, facilitating a group meditation and healing. Also Group Kirtan with Devaraje



Agnihotra has captivated the hearts of our children

"When is it time for Agnihotra?" they ask.

Here is my daughter after a week of Agnihotra and Homa fires she feels so different inside. She seems to have more strength and confidence. Standing up for herself today in the park when boys tried to bully her and her big 'sister' (her cousin) stood up to them also. We had a day of bliss ! Just wanted to share this little transformation with little angels .

-Vanessa, Bedforddale ,WA

Agnihotra brings instant balance to mind and emotions

Distress and Panic Attacks dissolve

In the early hours of the morning my grand father passed away. It was the same day that I was to experience my first Agnihotra workshop at my place. Being an energetic healer and understanding that death is simply a new beginning I was not grieving but I felt the need to help my grieving relatives. While visiting them my father handed me a glass of alcohol which I diplomatically accepted . However it profoundly disrupted my equilibrium. When I arrived back home to help set up for the Agnihotra workshop I found myself in total disarray. Then a miracle occurred. Lee performed Agnihotra and within seconds I had regained my equilibrium. I also have an inexplicable fear of injections and the next morning after the workshop I was due for major dental work. Normally I would have a panic attack. Nothing like this took place.

-Anonymous, Perth

Negative thinking; alcohol dependency or deleterious bad habits simply dissolve away. Computer haze and stress also dissolve immediately Agnihotra is performed

I've been performing Agnihotra for just over one year now. My work life, like most modern careers, is typically stressful and I was often caught up in a panic state whilst bound by a detrimental digital haze, which depleted my health and well-being. After sitting for Agnihotra I feel calm, balanced and restored. It clears even the nastiest digital haze from my mind and restores the resolute intellect.

I don't know how exactly how it works, and I pondered if in fact I may have gone mad - burning strange elements in a copper pyramid at sunset speaking Sanskrit to Surya, but the overwhelming experience of peace and contentment after each and every Homa have made me a regular practitioner and a happy man. My fiancé will concur.

We often have friends walk through our front door proclaiming 'Oh I love the feeling here' as they exhale, slump in a chair a grin ear to ear. I have found any negative thinking; alcohol dependency or deleterious bad habits simply dissolve away as a residual effect of the Homas. Ever the enquirers, we tested ash water on vase flowers and they lasted at least three times longer than the flowers that received no ash. A Super Science. Indeed.

-Mark Blondel, Sydney

Agnihotra and its ash and ghee ointment radically reduces pain

Terrible pain from collapsed vertebrae reduced and side effects from medication neutralized.

Collapsed vertebrae had left Angelika in constant pain. The medicated ointments and pain killer also clouded her mind while the relentless pain left her in a fragmented emotional state. While attending a workshop on Agnihotra Angelika drank Agnihotra ash water and had Agnihotra ash and ghee ointment rubbed into her back. At the end of the workshop I asked her how she felt and she said that not only had the ointment reduced the pain just as much as her medicated ointment does, at the same time her mental fog had cleared and her emotional state had become calm and balanced. While the side effects of the orthodox medication did the opposite.

-Angelika, Perth

Three years of stomach ailment clears in 2-3 days of Agnihotra. Have stopped all medicines. Just a month of daily Homa Therapy has changed my life!

I was suffering from stomach ailments for nearly 3 years. I had chronic pain and it was affecting my life. I teach yoga, meditation...it helped but did not cure me. I tried everything including fasting, fruit diet, different medicines. I am a single man in my 30's and had given up hope of leading a normal life. However, after just 2-3 days of Agnihotra, I started feeling well. Now I do Agnihotra twice daily and Om Tryambakam Homa and feel sooo.. much better. It's been nearly a month now and I have stopped medicines. I also have lot of energy throughout the day. I thank Lee and Frits Ringma for teaching me Agnihotra. I strongly recommend it for anyone who has any problems. Agnihotra is a miracle cure for sure!

-Anonymous, Perth

Chronic Back pain healed

I have had back pain for several years. The pain has been so severe that I was admitted to hospital. I had been practicing yoga for several years but at some stage I could no longer practice Yoga because of the pain. After 20 days of practicing Agnihotra I was able to practice Yoga again. My back started healing in Homa atmosphere and when there was pain and I applied Agnihotra ash and ghee ointment the pain would disappear.

-Neeraj, Melbourne

Agnihotra in Singapore



Agnihotra at the home of Joyce Lye, co-founder of Kampong Senang

It is heartening to see our group Agnihotra circles, ever widening. Agnihotra is sorely needed in Singapore - an Island Metropolis that is the hub of Banking, Gaming & the Petroleum & Pharmaceutical Industry.

Agnihotra was introduced to Joyce Lye of Kampong Senang a Holistic Lifestyle Centre about 4 years ago by Dr Puroshottam, Grandson of Shree Gajaanan Maharaj. Kampong Senang is now selling Agnihotra Kits from Om Shree Dham, Australia and Cow Patties from Kuantan, Malaysia and planning monthly group Sunset Agnihotra on Sundays. Contact – Daphne Oei at daphne1628@gmail.com or Betty L Khoo at battybooo@gmail.com

In June 2010 on the invitation of Betty Khoo, a big group of Singaporeans went to Tanjung Sutura resort in Johor to learn this Agnihotra Healing science from Lee Ringma of Homa Therapy Association of Australia. It was a marvelous 2 day Retreat. Several Singaporeans took up Agnihotra and now the purifying fires are spreading their fragrance and Love over Singapore.



Agnihotra circle at Fireflies Organic Farm Singapore

Those practicing daily - and a few also practice Om Tryambakam Homa - all attest to how it has markedly changed their lives and health for the better. It is a discipline so powerfully grounding and clearing, so necessary in such troubled and chaotic times. More-over Singapore is literally all-wired-up with cell phone towers serving 5 million urbanites, crammed into a tiny concrete jungle.

There have been Agnihotra gatherings at Kg Senang, at the Green Temple of Thanksgiving, at Green Circle Eco-Farm, at Fireflies Organic farm and most recently, Swami Nursing Home in Sembawang. Swami Home now offers Sunrise Meditation at 6 am every first Saturday of the month. Group Agnihotra is also held in various homes.

Those who perform Agnihotra regularly say they experience a lot of healing and have been giving the ash to friends.

Nazli Anwari, 'Medicine woman & Thai-Yoga massage therapist' enthusiastically shares Agnihotra and ash medicine with others. A Rose Circle held at her home last month welcomed

17 women. Nazli will be attending the Soma Yag this year.

For Singapore Agnihotra kits are also obtainable through Nazli who can be contacted at nazlivingspace@gmail.com

Clara Lau, teacher & psychic healer has been teaching her clients to practice Agnihotra to help them heal their emotional traumas/fears. At almost every group Agnihotra, there would be a couple of new people sent by Clara.

Scarlet , learned Agnihotra at Swami Home . She has experienced many 'miracles' and continues to share the medicinal ash.



Scarlet (June Phillips) hosted a Sunset Agnihotra gathering in her home

Agnihotra in Taiwan



Patrick Tan and Moey, of Singapore have introduced Agnihotra to an Art of Living retreat in the mountains of Taiwan. Patrick hand carried 10 Agnihotra kits to Taiwan a couple of months ago. This photo of an Agnihotra session in Taiwan shows the miracle of peace and safety created by Agnihotra. A frog comes to absorb the healing vibrations.

A special mention must be made of the dynamic Lim sisters, both in their 70s! Betty Lim is a gardening enthusiast and their garden is planted with fruit trees, veggies, herbs and orchids. Since practicing Agnihotra daily and using the Agnihotra ash water to water the garden they find they do not need to use any pesticides or synthetic fertilizer . The garden is thriving - the only problem is, so is the wildlife. ...!

Outreach to Singapore, Indonesia and Taiwan

An invitation has been extended to Frits and Lee to introduce Agnihotra into Indonesia and Singapore in early February 2013. We thought to also combine this with a trip to Taiwan to further interest in Agnihotra there.

If you are from these particular countries and would like to help out in any way with promoting the Agnihotra workshop tour, organizing venues and raising funds for our travel costs, we look forward to hearing from you and working together to serve Mother earth and to help the people in these areas. Email: omshreedham@agnihotra.com.au

Journey of transformation with Agnihotra



Ramon Quek, now residing in Perth, is the founding member of Swami Home for the Aged.

“I came across Agnihotra through Betty Khoo from Singapore, who had been practicing Agnihotra for a couple of years. Betty felt that the Swami Home elderly would greatly benefit from Agnihotra and she was encouraging me to introduce the idea to the Board. She recommended I get in touch with Homa Therapy Association of Australia to get started with the Agnihotra practice.

By coincidence Lee Ringma was coming to Perth to conduct introductory workshops on Agnihotra so we organized a workshop at my place for the 19th of March- at least 40 people came. Leading up to this I read the book ‘Messenger of the Sacred Fire” and I was deeply touched by the purity and spiritual magnitude that emanated from Shree Vasant, the forerunner of this ancient Vedic science in its modern form -Homa Therapy. I was inspired by His mission to spread Homa Therapy to world at large as an antidote to pollution.

When Agnihotra was performed at the workshop in my home I felt tremendous energy from the Fire. Some of my friends also had the same experience. After practicing sunrise and sunset Agnihotra for a couple of months I realized I was going through a journey of transformation that was helping me to achieve a peaceful state of mind. It has helped me to understand my spiritual path more clearly and is providing the purification to enable me to become a better person. It is a great feeling to be able to serve Mother Nature.

I also experienced the tremendous healing abilities of the ash from Agnihotra. As a result I keep a supply of bottles filled with the ash and give it to people eg massage therapists who voluntarily give massage to cancer patients. For massage ointment , they use ash and ghee and patients report that they experience relief from this. Agnihotra ash in water helps to energise the body. I have used it many times when I was low in energy and have felt energized. I have also shared it with some of my staff after a tiring day and they also report feeling the same.

Since March 2012 I have performed Agnihotra at Uluru (Ayers Rock), in Singapore at Swami Home and in Puttaparti India. I look forward to working with Lee and Frits Ringma to bring Homa Therapy to more people not only in Australia, but also in Singapore and Indonesia. I would sincerely like to share this practice with people who want to see a purification of the environment. Our environment has suffered much because of all the imbalances created by people who do not understand the necessity for nature to be in harmony.”

Beautiful Energy of Group Agnihotra



Large gathering at Mantin in Negeri Sembilan , Malaysia



Alan Yong's home Kuantan, Malaysia



Halimah's home, Kuala Lumpur

Om Shree Dham News



Agnihotra sunset at Om Shree Dham

The family present were originally from Sth America, having learnt Agnihotra there. Also present a father and son, organic farmers and raw foodists from Cairns way up North QLD, staying at Om Shree Dham for one week to learn Homa Therapy.

Rapid healing of calf's leg



Sona, our Brahmin Heifer gave birth to her first calf on Sept 20th at Om Shree Dham.

The calf had a problem with its back leg which was trembling and flipping through the knee joint. It could not walk properly which was concerning us greatly. At two days old we wrapped a poultice of Agnihotra ash/ghee and comfrey leaf. At four days old Shree Rama, our divine little calf was not only walking properly, he was leaping round like a deer with his enormous ears flapping like wings.

Upgrade of cow dung drying facility

Due to the wonderful development of increased demand for cow dung patties, Om Shree Dham has upgraded its facilities and the good news is that the cow dung dries really fast so production has increased without extra effort. No more queuing up for your Homa cow dung patties!



Cow dung patties for Agnihotra are available for sale from Om Shree Dham Homa Therapy centre situated in the Hunter Valley , NSW. The cow dung cakes are prepared in Homa atmosphere from Brahmin cows lovingly maintained by Homa organic principles. Homa Therapy teachers practice Ahimsa- that is harmlessness to all living creatures so our cows do

not carry the burden that they are being bred for slaughter. All these factors give a subtle refinement, facilitating an even more powerful Agnihotra. The cow dung patties are \$16.50 per dried kilo plus postage to your area.

You can place your order directly from our shop on our website www.agnihotra.com.au
Or by emailing us at: omshreedham@agnihotra.com.au

Or phoning us on 02 49981332

You can of course be totally self sufficient with your Agnihotra practice by drying your own patties. It is a relatively simple matter. Please contact us for some practical tips.

Winner of the cow dung raffle

We had the brilliant idea to offer a raffle for 1 years supply of cow dung patties donated by Om Shree Dham, as a fund raiser for the Soma Yag to be held end of November this year to help sustain the planet by introducing beneficial energies and nutrients into the planetary atmosphere.

17 people participated and along with extra donations Australian have raised \$3850,- to support this massive planetary service which will be attended by people from all over the world.

Congratulations Jean Marc! You are the lucky winner and will receive your first parcel of cowdung patties shortly.



With moo compliments

If you would like more information or attend the Soma Yag from the Nov 24th –Dec 10th see www.somayag.org



Agnihotra Timetable Renewal 2013

Your Agnihotra timetable needs to be renewed annually.

Since we are attending the Soma Yag in India for most of November and December, we ask that you send your request for the 2013 Agnihotra timetable ASAP to help make things run smoothly and avoid back log.

Please state the information given at the top of your 2012 timetable:

E.g. HOUR AGNIHOTRA FOR : ADAMSTOWN HEIGHTS NSW

Latitude: 32 ° S 57' 00" Longitude: 151° E 42' 00" Time Zone: 10 (GMT)

If you require a timetable for a new location, please state the address.

Donations welcome

Support the work of spreading Agnihotra around the world. Our Non-Profit organization has no paid staff; all work is done by volunteers. Homa Therapy Association of Australia is non-profit however donations are not tax deductible.

Donations using paypal: omshreedham@optusnet.com.au

By mail: Homa Therapy Association of Australia, PO Box 68 Cessnock 2325, NSW Australia

By Direct Deposit: Please email or phone us for details.

Printable copy

To request a printable PDF copy of this newsletter, please email us.

“Let’s help heal the planet. Perform Agnihotra for the benefit of all”



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