



Importance of Cow's Dung and Ghee



For the love of cows

- *Ghee brands you can trust for Homa Therapy*
- *The science of atmospheric purification*
- *Health and wellbeing with Agnihotra*
- *Agnihotra uptake in Nth NSW and Sunshine Coast Qld*
- *Workshop Tour in Perth and the rural South WA in Sept*
- *Om Shree Dham Serving Homa Therapy Needs*

Cow dung can be from any grass-fed cow not just Desi cows

Collect fresh and pat out on untreated wooden planks

Cow dung patties for Agnihotra and Homa Therapy can be from any grass fed cow. The cow dung does not need to originate from Desi or Brahman cows for it to be suitable for Homa Therapy.

We supply ready-made patties for Homa Therapy but you can also collect cow dung and pat out to dry so you are self sufficient in your practice. The cow dung needs to be collected fresh from grass-fed cows. It should not be mixed with water or any other substances. Simply pat out lightly on wooden planks. Make sure it is not treated or painted wood. Treated wood has a greenish tinge. This has an arsenic/copper content. Cow dung absorbs so it is very important that it is dried on untreated wood.



Ghee brands you can trust

Commercial Ghee is becoming increasingly adulterated!

As Homa Therapy is a precise science that operates through resonance it is very important that only pure cows ghee is utilized in the Homas. It is the Devic consciousness of the cow which is also found in its dung and its milk (that is processed into ghee) that is sent out into the atmosphere through Agnihotra and the other Homas in Homa Therapy. It is not only the physical nutrients but the resonance or consciousness of the ingredients that is seeded into the atmosphere. According to ancient science of Vedas, it is only the cow that has Devic consciousness in the animal kingdom and it is only cow dung that can be considered clean, even antiseptic.

Now a day unfortunately many commercial ghees bulk up their product with both vegetable oil and some ghees have been shown by lab tests to have other animal fat content as well.

As a result of various investigations we only recommend the use of Allowrie ghee and Maharajas Choice amongst the well-known brands. Indian manufactured commercial ghees are not appropriate for Homa Therapy nor is QBB. Better still are any organic ghees as long as they are unsalted. We do not recommend any other commercial ghees.

One can also make your own ghee from unsalted butter but even then one needs to investigate whether the butter has other oils incorporated in it. Again Allowrie butter is trustworthy or any organic unsalted butters.

Scientific Aspects of Agnihotra

Purification of the Atmosphere by Agnihotra



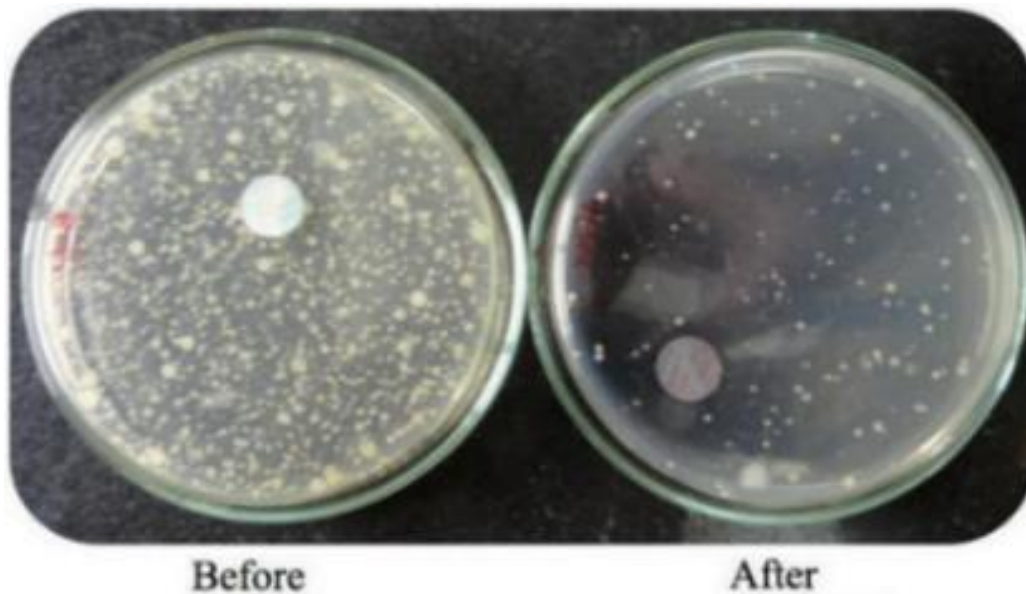
by Dr. Ulrich Berk

The main statement of Homa Therapy is: Agnihotra heals the atmosphere – and the healed atmosphere heals the environment, plants, animals, and humans. How can we understand that statement in terms of modern science? And then, as a second step, see whether modern scientific research can either confirm or refute such statements?

We can distinguish three forms of air pollution: biological, chemical, and physical air pollution. Actually, there is one more form of pollution of our atmosphere – that is thought pollution. Although this perhaps is the worst form (as it leads to the other forms of pollution), we will deal with that aspect later on as a scientific examination is a bit more complicated.

Biological air pollution is the presence of pathogenic bacteria and viruses. Will this contamination be reduced by performing Agnihotra? Several studies have confirmed this assumption. The first of such studies was done in the eighties of last century at one Warsaw university, Poland. It showed that the bacterial count went down, starting right after Agnihotra. After 12 hours less than 10% of the original bacterial count was remaining. That would have been the time for next Agnihotra.

Alas we do not have a photo documentation of this early experiment. But we do have photos and data from replications – one was done at Fergusson College (one of the leading colleges in Pune, India) a few years back. The difference between before and after Agnihotra is obvious – although the "after" measurement was taken only half an hour after Agnihotra.



It will be interesting to see the effect after 12 hours, and even more interesting to see what happens if we perform Agnihotra regularly for one week or for one month.

Chemical air pollution refers to chemical compounds detrimental to our health. Modern technology has brought a lot of such compounds into our homes, many of them potentially harmful for humans. A series of experiments was conducted recently at Vikram University, Ujjain, M.P., and at North Maharashtra University, Jalgaon, India. They tested the chemical compounds SO_x and NO_x which are produced by any form of combustion, and the levels are getting alarmingly high especially in cities because of all the cars with combustion engines. Also these experiments measured physical pollution, i.e. particle pollution. See the results:

Ambient Air Quality Report

(Values are in µg/m³)

Sampling Period: - 30 min

Date	Time		SO _x	NO _x	RSPM	SPM
28/03/2016	5:15 to 5:45	Before Homa	7.9	27.3	105	69
28/03/2016	6:30 to 7:00	During Homa	6.2	23.7	75	63
28/03/2016	7:00 to 7:30	After Homa	8.3	29.1	152	83
29/03/2016	10:30 to 11:00	After 15 hrs of Homa	5.6	21.9	56	47

SO_x: Sulfur Oxides

NO_x: Oxides of Nitrogen

SPM: Suspended Particulate Matter (particles floating in the air)

RSPM: Respirable Suspended Particulate Matter (particle size equal or less than 10 micrometres – these small particles can go deep into our respiratory system)

The sampling was done with a high-volume air sampler which sucks in the air and then presses it through a filter. Particles are stuck in the filter, depending on the filter specifications.

Although the values go up a little bit after Agnihotra (which is to be expected as fire creates some level of SO_x, NO_x, as well as some smoke means particles), after some time all values go down well below the levels we had before Agnihotra.

This means Agnihotra purifies our air also from these chemical and physical pollutants. The experiments were done both at sunrise and at sunset in order to rule out any effects of normal variations between day and night.

Next step will be to do this experiment for one week, performing Agnihotra regularly morning and evening.

Health and wellbeing with Agnihotra

Dr Jaime Motufar, a medical doctor in Equador has had so much astounding success treating all types of illnesses through Homa Therapy that he changed the name of his medical clinic to Homa Medical Centre.



Dr. Jaime Montufar and his patient, Mrs. Maria Eleonor Mesa

Healing brain tumours and debilitating grief

Some time ago, at the State Hospital, it was discovered that Mrs. Mesa had 15 meningiomas (5 large and 10 small tumors) in her head. She came suffering from severe headaches and other problems. Currently, she has had 2 months with Homa Therapy treatment. She is consistent with the practice of the Homa Fires and she has her own Agnihotra kit. She can relate in her own words, how far she has recovered, as before she had a lot of headaches, suffered from stress, she could not drive due to her blurry vision, etc. Precisely because the tumors were pressing that part of the brain. Now she is completely different.

In María Eleonor Mesa Tovar's own words:

“I am 41 years old. My problem started four years ago. I suffered from pain in my left eye and I was always stressed out and I felt bad. But I did not pay attention to these symptoms and I did not visit a doctor. In June 2016, I got worse. The pain increased so much and my head started to beat. I could not sleep. So, I had an MRI done and the doctors detected meningioma

in different parts of the brain. All the doctors told me that I had to be operated. One operation for each meningioma. And they were so many! I felt that I was never going to sustain so many operations. The doctors also warned me that I could remain in coma. So, I decided not to operate. I preferred to try natural medicines.

I had not heard of Homa Therapy, till a friend told me and I decided to come to Dr. Montufar's Medical Homa Center. I have now been attending Agnihotra twice daily for 2 and ½ months and I really feel great. My head is no longer pounding and lately my headache has disappeared. I sleep very well and wake up relaxed. I can drive the car again and I am no longer nervous. I am improving step by step and now, I can do all my daily tasks.

I tell everyone that there appeared to be nothing I could do for this problem. But, thank God, I'm here and I continue with Homa Therapy. I do the Agnihotra in the morning at home and I come to the clinic of Dr. Jaime in the afternoons from Monday to Friday to practice Agnihotra and Tryambakam Homa. I take Agnihotra ash 2 to 3 times a day. All my family and friends say that they have noticed positive changes in me.



Mrs. Cirila Tovar, mother of Maria Elinor

Now, my mom and my two daughters also come with me to Dr. Montufar for treatments. Even our cats come with us and benefit from the Fires.

Mrs Tovar “ I am 71 years old. I came to Dr. Montufar with my daughter, because I suffered the loss of my son. That affected me very strongly. I have been coming now for about one month. I could not speak, my chest hurt so much. At night, I woke up and could not sleep again. I had "panic attacks", I felt like I was going to die. Participating in Agnihotra and taking its healing ash, I have improved a lot. Now I sleep all night and I'm starting to talk again. And the pains are disappearing.” *From Homa Health Newsletter- www.homa1.com*

Migraine cleared in 5 minutes
Harmonious relationships in the home



Karen Cleveland , of Billen Cliffs Community Nth NSW

Karen: “Doing Agnihotra I have also noticed everyone in the house's relationships are much smoother, more understanding and ease of relating, not getting irritated at small things. Happiness abounds!

I just got some wooden pallets to put in Emma's caravan to get it set up to dry dung - very exciting!

I have a great story of having a migraine coming on, putting the ghee and Agnihotra ash on my forehead and no pain within 5 minutes...this is amazing!”

Agnihotra uptake in Nth NSW and Sth QLD



Billen Cliffs Community Nth NSW

Utilizing the powerful beneficial energy of Agnihotra to envelop their properties with a harmonious biosphere, enhance their organic food gardens and facilitate community togetherness and wellbeing.



Diamond Heart Tibetan Buddhism Centre, Brisbane, QLD

Learning Agnihotra and Om Tryambakam Homa in order share with others, including distributing the medicinal ash. So keen are they, that they are drying their own cow dung patties on the veranda in the Brisbane suburbs.



Workshop at The Big House Community Centre, Pomona, QLD

Organized by dedicated long-time Agnihotri and Art of Living teacher Tania Kavathas and partner Asher who is also loving the transformation Agnihotra brings. Asher performing Agnihotra above.



Sunshine Coast workshop hosted by Ayurvedic practitioners at the Ayurvedic Shed, Palmwoods QLD

Agnihotra Workshop Tour WA September

Homa Therapy workshops are full of inspiring information of planetary importance and also facilitate transformational experience through the performance of a Homa. The express purpose is to spread the practice of Agnihotra around the globe to help our sacred planet and to bring healing and relief to all of life. We especially hope to reach organic farmers with this tremendous aid to rejuvenating the land with both Agnihotra and ash applications.

We have been to Perth several times over the years teaching Homa Therapy and now there is the opportunity to take Agnihotra to the rural areas as well. There will be many workshops throughout Perth and its surrounds and we will also be going to the Busselton and Margaret River areas.

Help us spread the word! Contact the hosts mentioned below for details:

Itinerary WA Sept

Perth and surrounds

Sth-Fremantle	Sat 9 th	3-7pm	'Eatfitlive Health'	Anne-Marie	SMS 0448 448 844
Gidgegannup	Sun 10 th	3-7pm	John White	08 95747190	1earthdragon@gmail.com
Kalamunda	Mon 11 th	11am-3pm	Natasha-Lee	SMS	0431 028 481
Nedlands	Tues 12 th	7-9.30pm	Alan Yong	yongalan41@gmail.com	
			Maria	SMS	0458 216 615
Baldivis	Thur 14 th	7-9.30pm			
					https://www.eventbrite.com.au/e/agnihotra-workshop-tickets-36710912327

Margaret River area

Quindalup	Sat 16 th	3-7.30pm	Cath Branson	SMS 0407 521 100	
			Chelsea	SMS 0409 940 848	
Forest Grove	Sun 17 th	3-7.30pm	Sonya	SMS 0409 602 547	Lizzie 0401 252 519

Perth and surrounds

Stirling	Thur 21 st 7-9.30pm	'The Flourish Centre' Anne-Marie SMS 0448 448 844
Canning Vale	Sat 23 rd 3-8pm	Ramon Quek SMS or WhatsApp 0405 552 654
Kardinya	Sun 24 th 3-8pm	Wolfram SMS 0404 878 655, twofeelife@hotmail.com Heidi Habitzel SMS 0417 975 674 habitzel13@gmail.com

About Om Shree Dham



Homa Therapy Centre for Australasia

Om Shree Dham, Homa Therapy Centre, has been offering ongoing support to Australasia for over 2 decades.

Our Mission and Vision

- To give back to our planet and mighty nature through performing Homas daily and teaching and sharing Homa Therapy
- To provide an example of a new way of life where nature and people thrive in a vitalized, purified, peaceful Homa Biosphere
- To provide comfortable accommodation for people to come here and learn Homa Therapy and Homa Organic farming which in turn benefits their homes, properties and communities
- To inspire and facilitate a new way of life in the Retreat Centre, currently being built, where we will run courses, retreats, healing and performing arts events, espousing sustainable living such as: growing organic food, healthy eating and food preparation, non-violent communication techniques, yoga, meditation, spirituality, sound healing, dance therapy, etc.
- To provide a loving, respectful space for inner transformation through the daily program of regular Homas throughout the day and the grounding provided by harmonious organic garden surrounds imbued with Homas and mantras.
- To work towards community living where the daily Homas, organic farming and creative humanitarian pursuits sustain us and the land physically and spiritually
- To imbue farming and everyday life with Divinity



Frits and Lee Ringma, Homa Therapists and your hosts at Om Shree Dham

If you would you like to be involved and support Om Shree Dham our current needs are:

-People with practical skills in building to help us complete our Retreat/Seminar Centre.

-People with skills in organic food growing, cow culture, website and digital outreach, etc. to spend time here to help create the infrastructures and ongoing Homa organic food production.

As an exchange we provide accommodation and a delicious organic vegetarian lunch in a beautiful nature setting full of transformational potential and adjacent to vast bushland/national park. Give us a call or email and we would love to chat with you about it.- international and national planetary citizens welcome!- (+61) 02-49981332.



Special Homa called Rudra Yajnya performed at Om Shree Dham on June 30th 2017 by Dr. Mukund Hanumante and his wife Vaiju from USA on their visit to Australia

The services we offer:

Outreach

We regularly travel to conduct free Homa Therapy workshops throughout Australasia. If you are a good networker and would like to host an Agnihotra workshop in your home, Centre or community space feel free to contact us. Ph 02 49981332 e- info@agnihotra.com.au

Workshop Tours

If you are interested in networking and hosting workshops in your area you can email us at info@agnihotra.com.au

Open Days

We hold Regular Open Days at Om Shree Dham in The Hunter Valley, NSW. Request to be placed on our email list and you will be informed of workshop tours and Open Days as well as receive inspiring news of Homa Therapy doing its wonders throughout the world.



Children enjoying the Open Day in Homa atmosphere



Always a highlight for children and adults alike is meeting the cows



Homa Therapy demonstration, Talk and Tour of Om Shree Dham Homa Therapy Centre

Information and Homa Therapy supplies

Our Website has comprehensive information, world clock, timesheet service and products for Homa Therapy and other healing products. www.agnihotra.com.au

Our online shop

-Australian made Chemical free Agnihotra Pyramids and copper tools

The Agnihotra pyramids and copper tools are manufactured here at Om Shree Dham. Unlike factory produced pyramids where chemicals are used, there are no chemicals utilized here in the pressing of the pyramids. Produced in a Homa biosphere where daily Homas have been performed for the last 27 years, the pyramids and other copper items are both physically and energetically clean. As well as supplies we provide comprehensive instruction in the form of an information package and are available to answer questions to support your ongoing practice.

-Cow Dung Patties from lovingly treated cows living in Homa atmosphere

Practicing Ahimsa (harmlessness to all living creatures) our cows are treated with respect and affection. Every day we collect their fresh dung and pat out to dry in our hot houses built for that purpose. Being Brahmin (Desai) cows in Homa atmosphere, their dung has an optimum vibration to serve Homa Therapy.



Agnihotra Travel Box, Hand-crafted and made to order



*Due to increased demand a new cow dung drying area has been erected
Frits Initiating the drying igloo with Vyahruti Homa*



All set up and drying the fuel for Agnihotra



Shri Ram our blissful bull, born and living in Homa atmosphere



Homa Organic produce for delicious communal vegetarian lunches

- High vibrational healing tools

Apart from Agnihotra supplies, we also carry powerfully effective high energy healing tools such as Lingams, Yantras, Moldavite, Malas, Rudraksyas, hand- made sacred Yantra jewelry. Your purchases support the free teaching of Homa Therapy and the development of Om Shree Dham Homa Therapy Centre to enable us to bring healing and transformation to many.



Pure copper Durga Yantra necklace & chain and semi-precious stones



*Sacred Narmada Lingam healing stone
Various sizes, extra- charged with Homa*



*St Silver Shree Yantra earrings
Rudraksya and semi precious-stones*



*Blessed Buddha pendants
Clay form set in st silver*

Accommodation in transformational atmosphere

Om Shree Dham has accommodation, both caravan and comfortable apartment complete with bathroom and kitchen and wood fired heating available for visitors wishing to experience a Homa lifestyle and its healing atmosphere, set in the beautiful country side of the Hunter Valley NSW. See www.omshreedham.com.au



Caravan Stay in beautiful natural setting



Comfortable Apartment with bathroom and kitchen for a rejuvenating stay

Website available to calculate your Agnihotra timings

Available online is the Agnihotra timing program where you can calculate the Agnihotra timings yourself. It is linked to Google Earth and easy to use for Mac or PC.

Enter your address and time zone and click Search. You can then fine tune your exact location by zooming in. After you click "Next" select the dates you want to be calculated. After clicking "Calculate" you can copy and paste the results.

We also provide the ongoing free service of calculating and providing your Agnihotra timetable for you.

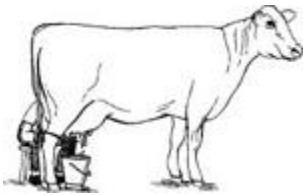
Request your PDF copy for 2017 now.

For this service please use:

<http://www.agnihotra.com.au/timings-request-form/>

To calculate your own timings online:

http://www.homatherapie.de/en/Agnihotra_Zeitenprogramm.html



With Moo compliments

Donations welcome

Support the current work of building and completing our Homa Therapy Retreat Centre - pictured above. Your donations will help us to accomplish our mission to enable us to reach many more people with courses in Homa Therapy, Teacher training, Homa Organic farming and the opportunity to stay in comfortable accommodation, eat Homa produce brimming with life-force, and enjoy the healing and transformation that the daily Homa Fires bring.

All work is done by volunteers. Homa Therapy Association of Australia is non-profit, however donations are not tax deductible.

Donations using PayPal: omshreedham@optusnet.com.au

Cheque by mail: Homa Therapy Association of Australia

PO Box 68 Cessnock 2325 NSW Australia

By Direct Deposit: Please email or phone us for details.

Printable copy

To request a printable PDF copy of this newsletter, please email us.

To Unsubscribe

Simply email us with your request.

“Let’s help heal the planet. Perform Agnihotra for the benefit of all”



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Visit Our Websites

www.agnihotra.com.au

www.omshreedham.com.au