



Homa Therapy News

Australian and International

Aug 2018

Agnihotra workshop Kensington Melbourne VIC

Sun 19th of August by donation.

To register go to <https://www.trybooking.com/book/event?eid=404905&>

The workshop is full of Inspiring information and experience

Agnihotra and Vyahruti Homa (Vedic healing Fires) will be performed.

Many people report experiencing purification and healing at these workshops.

Fine Tuning your Agnihotra Practice



Agnihotra being performed at Sonya Dorant's property Margaret River WA

The following points are answers to the most frequently asked questions of people who are starting Agnihotra practice. It is necessary to do Agnihotra correctly in order to receive all its benefits. As Agnihotra is a science of resonance there are various do's and don'ts related to subtle energy.

- * The size, shape and measurements of the pyramid are specific for Homa Therapy.
- * The Agnihotra Mantra must be chanted at the exact time of sunrise or sunset as indicated in the Agnihotra timetable. Timing given in the timetable is different from the time given for sunrise and sunset in the media.

A few minutes before sunrise and sunset time the fire is lit in order to have a good flame.

- * The amount of rice (whole grains of brown rice mixed with a few drops of ghee) used as the offering is twice the quantity that can be taken with the three fingers (thumb, middle and ring). First remove the broken bits of rice. If the rice is broken, the Agnihotra ash will not have a healing effect.

- * Only one person offers rice to the Agnihotra fire in the pyramid.

- * The offering must be given only with the right hand.

- * After chanting the Agnihotra Mantra, do not move, add, re-ignite, interfere or disturb the fire. The fire will go out by itself. Do not leave the fire unattended.

- * Wait for the ash to cool down before handling it. Handle Agnihotra ash preferably with clean utensils. If you need to use your hands, make sure they are clean. Be aware that the ash is completely sterile after passing through the high temperatures produced during Agnihotra, but with dirty hands it will not be.

- * Ghee is made from cow's milk butter without salt. If done correctly, it does not need to be refrigerated. The ghee can be stored in glass jar and covered with a lid.

- * Only cow manure is used for Agnihotra from grass/ hay fed cows. It cannot be from cattle supplemented with feed that contains animal derivatives (examples: fish meal, ground bones, dehydrated blood, etc.) The cowdung of any breed of cow can be used for Agnihotra. It does not have to be specifically Brahmin or Desi (with the hump) .

- * Agnihotra ash can be stored in a covered glass or ceramic or copper container. It is not advisable to store it in plastic or metal containers other than copper. The lid can be made of metal or plastic, since it does not come in contact with the ash.

- * Do not clean the blackened layer inside the pyramid. Simply empty the ash into an appropriate container. You may clean the copper accessories with a tissue after use.

- * Ideally use wooden matches to light the Homa fires. When igniting the fire, do not hold the burning match above the pyramid so as to avoid the match falling into the fire. Do not use gas lighters. If you have to use a candle, be careful not to let the wax fall into the pyramid or touch the pieces of cow dung you are lighting. The candle needs to be of pure bees wax only. Extinguish the candle a couple of minutes before the Agnihotra mantra and offering.

- * Do not introduce cow dung pieces or your fingers directly into the Ghee jar. The ghee needs to remain pure and clean.

- * People who perform Agnihotra or any Homa should take off their shoes. Do not put your feet on top of your shoes. Participants also take off their shoes during this process for the healing energies to pass freely.

- * The pyramid for the Homa Fire is placed either at the height of the sacrum or above. Not below the sacrum.

- * Do not blow air into the Fire with your mouth. To aid the Fire to burn well one can use a fan or something similar.
 - * Only pure cowdung, whole grains of brown rice and pure cow's ghee can be used for Agnihotra. No camphor or other lightening aids should be used.
 - * The exact timing is essential for Agnihotra. The link to calculate the exact timings is available here: https://www.homatherapie.de/en/Agnihotra_Zeitenprogramm.html
- You can also request Agnihotra timings to be calculated at our website : www.agnihotra.com.au
- For mobile devices there is an App for calculating the Agnihotra timings. You can download it for a small fee. This App has been created independent of Agnihotra Australia.
- For Android: <https://play.google.com/store/apps/details?id=com.agnihotra.android&hl=en>
 For iPhone: <https://itunes.apple.com/au/app/iagnihotra/id418360572?mt=8>
- * You need to adjust your watch or your cell phone with the exact atomic time.
 - * Sit facing east during the morning Agnihotra. But if you wish you can sit facing west for the evening Agnihotra. When doing group Agnihotra you can sit in a circle facing any direction. If you do not know the direction, do Agnihotra anyway.
 - * If possible, it is ideal to leave the Agnihotra pyramid without moving it until the time of preparation of the next Agnihotra.
 - * It is better if no other metals than copper are near the Agnihotra Fire.
 - * Do not store accessories such as spoon, dish, etc., inside the pyramid.
 - * If you practice Homa Therapy sitting on the floor and for some reason you cannot bend your legs, make sure your feet are not pointing to the pyramid fire.
 - * The same pyramid can be used for other Homa Fires that are part of Homa Therapy only, however, do not mix the ashes. Only Agnihotra ash (done correctly) is suitable for medicinal use. The other ashes serve as fertilizer in farming.
 - *The Agnihotra ash and the teachings of Agnihotra and Homa Therapy are always given for free.
 - * If the Agnihotra fire does not burn completely the ash is not medicinal.
 - * Women during their menstruation cycle do not practice Homa Therapy for energetic reasons. (minimum 4 days or until the bleeding has ceased)

Testimonial for Agnihotra, Sonya Dorant, Margaret River WA

I came upon Agnihotra over 20 years ago and was always eager to be a part of it. After a few years I decided to get my own kit and started in earnest, alas the usual excuses like I want to sleep in, or I don't have time for this, I'm too busy etc., etc., and I let it fade away into a memory.

But this seed was planted and after reassessing and slowing down years later the memory was growing and I knew I had no choice now but to go back to what I loved. I realised I loved myself enough to do this, therein lies the response to the many justifications why I couldn't continue Agnihotra previously- I never loved myself.

For the last 9 months I have been doing Agnihotra most sunrise and sunsets. If I can't do it for some reason I don't beat myself up about it, I just do my best.

And I can tell you I am actually excited to get up in the morning, to stare at the fire, then close my eyes, feel the magic happen and the stress leave my mind and body. Sometimes I will come in with some angst and then I will finish Agnihotra and totally forget anything that troubled me before - all I feel is pure love for everything. Such a wonderful thing to feel.

My partner opened a purpose built meditation space complete with beautiful gardens at the same time we started Agnihotra. Lee and Frits were the first ones to open the space with their workshop on Agnihotra and I feel truly blessed that they did as it 'held the space' for the rest of the days. There is so much Light here, people are drawn to the magic (even our pets don't want to miss out); they feel the nature spirits, they watch as the plants keep growing and growing responding to the Agnihotra and the energy all around. We hold Agnihotra evenings every week here and I can feel others being drawn the same way I did those years ago, the peace and humble energy they exude afterwards is pure alchemy.



Our property where we perform Agnihotra regularly

It took me a long time to ponder on what I could give as a testimonial as I don't think these words are enough... since this time there is so much harmony all around with my relationships, with my work, with the space and I am so excited for the future knowing the vibrations are growing and growing.

Love and Peace to you and the world Sonya Dorant - Margaret River Western Australia, owner of BodyBliss Margaret River. I am open to sharing Agnihotra with others at sunrise or sunset. Simply get in touch with me - info@bodyblissmargaretriver.com.au

Healing of body and mind through Agnihotra and Agnihotra ash medicine:

Belén Rodríguez- Villavicencio, Meta, Colombia, South America



Healing of cirrhosis of the liver and avoiding liver transplant

“Two years ago, I was diagnosed with moderate cirrhosis and was told to prepare myself to enter the list for liver transplants. But last week, after being subjected to rigorous examinations, I was informed that my liver has regenerated by 90%! This is a blessing from the Divine by putting Agnihotra in my life. I am changing my diet and I am taking Agnihotra ash every day. I know that my good health is due to the healing fires of Homa Therapy.”

Mónica Roció - Guayaquil, Ecuador, South America



Breast cancer in remission and healing of debilitating effects of chemotherapy

“I'm 52 years old. I was diagnosed with cancer in my left breast in April last year. Then, I started with chemotherapy. I had 9 chemotherapy sessions from July to January. But in May, the tumour appeared again and began to grow. They used to do chemo sessions every 21 days, but then they started doing it every seven days.

I started sitting for Agnihotra on weekends and now for the last 2 months I have been attending Agnihotra every day with Dr. Montufar.

I now no longer go to the hospital of SOLCA. With chemotherapy, I was devastated. I was tired and spent all day in bed. My bowels were loose, and I could not sleep. My head burned a lot all night. I was getting weaker and weaker and I could not do anything.

Now, I take Agnihotra ash and participate in the Agnihotra Fire daily. I sleep very well. I also have energy to do everything. I have no pain in my breast and the tumor has not reappeared. Homa Therapy helps me a lot and I continue my Homa treatment with Dr. Montufar.”

Editor's note- it is not clear in this testimonial as to whether the tumor disappeared due to Chemo or Agnihotra and Agnihotra ash medicine, or both, however what did take place with Agnihotra and the ash medicine was a healing of the devastating impact of chemotherapy on one's wellbeing.

Lucia Gertrudis Pacheco Vázquez with Naturopath Dr. Luis Carriel - Vinces, Ecuador, South America



Healing of Cystic fibrosis of the lungs, severe pain, sleeplessness

“I am 74 years old and I have a lung tumor. I used to have a dry cough, night and day, and I could not sleep. All that disappeared completely with Homa Therapy. I no longer cough. Before, I slept sitting, since I could not lay down due to pain. Now, I'm sleeping more and can lay down normally. The pain in my hands and bones has disappeared. Also I have more appetite and can eat well.”

Dr. Carriel explains further: “Lucia had something similar to cystic fibrosis of the lungs. She coughed a lot. She could not sleep and suffered from severe pain in her back and in her bones.

She has participated in 23 Agnihotra sessions and consumes the Agnihotra ash with 2 liters of water every day. She places the water bottle with the ash near the Agnihotra fire, to energize it. She is also taking Agnihotra ash mixed with a little warm ghee and that relieves the irritation in the throat and helps her with the cough. She is also applying and taking other medicinal herbs, such as the Noni leaf, the cat's claw, but always accompanied with Agnihotra ash. By the way, it's worth mentioning that her pains were so intense that she was given morphine patches, which she no longer needs.”

Source for Homa Health excerpts :

http://www.homa1.com/noticias/newsletter_147.htm

Effect of Agnihotra on Farm Animals and Pets

By Dr Ulrich Berk



Our Brahman cows at Om Shree Dham supply us Homa organic cow dung for our Homas

This article is about cows:

Cows supply us with cow dung and milk from which we prepare cow's ghee. Without cows there would be no Agnihotra, no Vedic Yajnyas. Can cows also benefit from Agnihotra?

Experience of many farmers show that the health of cows improves considerably in Homa atmosphere. Also it was noticed that cows on Homa farms are more peaceful as compared to neighbouring farms. Some examples:

Germany

Monika Koch, a German pharmacist, developed medicines based on Agnihotra Ash which are used with all kind of human diseases showing wonderful results. When the farmer from whom they got their cow dung said that one of his cows was troubled by eczema, he tried Agnihotra Ash. Nothing else had helped, but the ash cured the eczema within a few days. Another cow did not want to eat and got very weak – they added Agnihotra ash to the fodder, the cow started to eat and got strong again soon.

Peru, South America

Nene was a young bull at a cattle breeder farm in Amazon area, Peru, South America, worth thousands of dollars. He got the viral disease PIROPLASMOSIS, which is transferred by ticks. Medicines did not help and Nene could not get up any more, was close to dying. Someone treated him with Agnihotra ash and with Agnihotra ash water. Next day he was up again, ate and got totally healed with Agnihotra medicine alone.

Saving cows in England:

Wendy Sehata as a small child freed some calves meant for slaughter and hid them all night in the forest. When found, she was beaten up severely. But she vowed to create a refuge for cows when grown up.

This she has now created. The Refuge often receives old and sick cows.

She performs Agnihotra regularly on this farm and all her treatments are with Agnihotra ash and with homeopathic medicines.

Scientific Study

There are many more such reports showing how cows were healed with Agnihotra and Agnihotra Ash, but till now there is only one systematic scientific study in this field.

This experiment was conducted at the Zoological Department of the National Agricultural University in Tingo Maria, Peru, for a period of 18 months. It shows that in Homa atmosphere there is a considerable improvement as compared to control in the following respects:

- Reproductive Index
- Cow's and calf's mortality
- Muscle development
- Weight at birth
- Placenta Retention
- Cow – calf separation

Following table shows the results in detail:

Productive and reproductive indicators of breed cattle in the high Huallaga zone, comparison of farms with and without Homa Therapy

Parameters	Indicators with Homa Therapy	Indicators without Homa Therapy	Indicators normal for the zone
Reproductive Index (%)	88.6	60.0	65.0
Cow's Mortality (%)	1.8	3.5	4.0
Calf's Mortality (%)	3.5	11.5	10.0
Muscle Development (%)	16.0	8.7	12.0
Weight at Birth (kg)	35 - 40	30	28
Difficult Birth (%)	0	1.5	2.0
Placenta Retention (%)	0	1.0	1.5
Cow – calf separation (months)	5	6 - 7	6

Warm wishes for a healthy peaceful world,

Lee and Frits Ringma



'A nonprofit Association for Homa Therapy education and support to create vital, peaceful environments and people'

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